

AMEN ADD SUBTYPE CHECKLIST

Please rate the following statements on a scale of 0-4

0 indicates that the statement does not apply to you

1 indicates that it rarely applies to you

2 indicates that it sometimes applies to you

3 indicates that it often applies to you

4 indicates that it very often applies to you

- 1. Often fails to give close attention to details or makes careless mistakes in schoolwork, work, or other activities
- 2. Often has difficulty sustaining attention in tasks or play activities
- 3. Often does not seem to listen when spoken to directly
- 4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace (not due to oppositional behavior or failure to understand instructions)
- 5. Often has difficulty organizing tasks and activities
- 6. Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (such as paperwork, schoolwork or homework)
- 7. Often loses things necessary for tasks or activities (toys, school assignments, pencils, books or tools)
- 8. Is often easily distracted by extraneous stimuli
- 9. Is often forgetful in daily activities
- 10. Often fidgets with hands or feet or squirms in seat
- 11. Often leaves seat in classroom or in other situations in which remaining seated is expected
- 12. Often runs about or climbs excessively in situations in which remaining seated is expected
- 13. Often had difficulty playing or engaging in leisure activities quietly
- 14. Is often "on the go" or often acts as if "driven by a motor"
- 15. Often talks excessively
- 16. Often blurts out answers before questions have been completed
- 17. Often has difficulty awaiting turn
- 18. Often interrupts or intrudes on others (butts into conversations or games)
- 19. Excessive daydreaming
- 20. Often complains of being bored
- 21. Often appears to be apathetic or unmotivated
- 22. Frequently tired, sluggish or slow moving
- 23. Frequently spacey or internally preoccupied
- 24. Excessive or senseless worrying
- 25. Disorganized or super organized
- 26. Oppositional, argumentative

- __27. Strong tendency to get locked into negative thoughts, having the same thought over and over
 - __28. Tendency toward compulsive behavior
 - __29. Intense dislike for change
 - __30. Tendency to hold grudges
 - __31. Trouble shifting attention from subject to subject
 - __32. Difficulties seeing options in situations
 - __33. Tendency to hold on to own opinion and not listen to others
 - __34. Tendency to get locked into a course of action, whether or not it is good for the person
 - __35. Needing to have things done a certain way or you become very upset
 - __36. Other complain that you worry too much
 - __37. Moodiness
 - __38. Negativity
 - __39. Low energy
 - __40. Frequent irritability
 - __41. Tendency to be socially isolated
 - __42. Frequent feelings of hopelessness, helplessness or excessive guilt
 - __43. Lowered interest in things that are usually considered fun
 - __44. Sleep changes (too often or too little)
 - __45. Chronic low self-esteem
 - __46. Short fuse or periods of extreme irritability
 - __47. Periods of rages with little provocation
 - __48. Often misinterprets comments as negative when they are not
 - __49. Irritability tends to build, then explodes, then recedes, often tired after a rage
 - __50. Periods of spaciness or confusion
 - __51. Periods of panic and/or fear for no specific reason
 - __52. Visual changes, such as seeing shadows or objects changing shape
 - __53. Frequent periods of de ja vu (feelings of being somewhere before even though you never have)
 - __54. Sensitivity or mild paranoia
 - __55. Headaches or abdominal pain of uncertain origin
 - __56. History of head injury or family history of violence or explosiveness
 - __57. Dark thoughts, may involve suicidal or homicidal thoughts
 - __58. Periods of forgetfulness or memory problems
-